

# **Research on Realization of Theories Teaching for Ideology and Politics In College English Course from the Perspective of Optimization Theory**

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**Abstract:** The optimization theory has given new perspectives and ideas to theories teaching for ideology and politics in college English course, and has provided effective help in exploring the development of the teaching. Under the development trend of the times, English is popularized in the teaching of compulsory course, and educators have also been exploring the most ideal methods for theories teaching for ideology and politics in English course. This paper makes an in-depth study of the current theories teaching for ideology and politics in English course, and explores methods suitable for the teaching from the perspective of optimization theory.

## **Introduction**

With the deepening of reform and opening up, the system of theories teaching for ideology and politics in all courses has been integrated into various courses and developed coordinately. College English, as a foreign language course, belongs to the recessive ideological and political course<sup>[2]</sup>. It should be integrated with Chinese socialist core values to enhance the adaptability of theories teaching for ideology and politics in college English course and cultivate foreign language talents with high-quality in line with the contemporary development. At present, China maintains friendly relations with neighboring countries, and has relatively close exchanges with neighboring countries, and English is the universal language of the world. Therefore, it is necessary to conduct in-depth study of theories teaching for ideology and politics in college English courses to promote the development of diplomacy in China effectively. In the report, General Secretary Xi pointed out that we should consider morality as the core, and carry out education for ideology and politics throughout the teaching to comprehensively improve the talent cultivation level of universities, realize all-round education and promote the development of college education in China<sup>[2]</sup>.

## **1. Importance of improving the teaching methods for ideology and politics in College English course**

Ideological and political curriculum is an independent educational curriculum, but it is closely related to other subjects. The cultural curriculum arranges key points of knowledge based on theories teaching for ideology and politics, and penetrates the core values of socialism with Chinese characteristics to enrich the contents of other courses and make them reasonable and orderly. General secretary Xi Jinping has been emphasizing the implementation of the educational concept of curriculum and politics. In the process of continuous practice, we should strengthen and improve the ideological and moral construction of contemporary college students, and regard morality as the fundamental purpose of education. We are committed to cultivating all-round talents and laying the groundwork for the development of our country<sup>[3]</sup>. English is a foreign language course. The differences between Chinese and Western cultures lead to the inconsistency between some ideas of the course content and our traditional ideas, which makes students study harder and even feel strange. Theories teaching for ideology and politics in college English course can broaden students' knowledge effectively, help them to establish correct values, outlook on life, world outlook, as well as shaping good character and improving their comprehensive quality.

## **2. An overview of theories teaching for ideology and politics in college English course from the perspective of optimization theory**

Optimization theory is a phenomenon in ecology. Gene transfer and daily life habits of animals can better adapt to the environment under the effect of natural selection, facilitate animals to better live, and promote them to be in the best state in the process of daily activities and energy utilization<sup>[4]</sup>. In the process of applying the theory to college English teaching, the core lies in the combination of characteristics of college English and the learning habits of students, and the full combination of daily teaching and moral education to achieve the purpose of comprehensive teaching. Theories teaching for ideology and politics in college English course is to take the current affairs policy theory as the education guidance, and to run through the correct social values, so as to gradually enhance the morality of college students and improve their comprehensive quality<sup>[5]</sup>. With the rapid changes of the times, each method has timeliness, but the only constant is the purpose of teaching. In order to improve the adaptability of teaching methods, educators need to keep learning and thinking, and summarize appropriate teaching methods through practice to improve the quality of teaching. This kind of exploration of teaching methods through effective methods and reasonable verification is the result of application of optimization theory.

## **3. Theory of education for ideology and politics**

The proposal of the system of theories teaching for ideology and politics in all courses includes the basic theory of ideology and politics in all courses. It aims to improve the content of the curriculum and the quality of teaching.

### **(1) Theory of all-round development of college students**

All round development is the general trend, and the common goal of education<sup>[6]</sup>. The fundamental purpose of education is to stimulate the potential of human beings, promote the progress of human thoughts, and promote all aspects of human development. It has laid a solid foundation for the promotion of education for ideology and politics in the curriculum and promoted its development to a certain extent, and established the value goal.

### **(2) Theory of effective teaching**

Education focus on the efficiency and quality of education. The theoretical basis of effective teaching is to attach importance to teaching efficiency, focus on the formation of students' personality and the development of quality education. Effective teaching refers to the teaching method that can promote the development of students. Whether it is the acquisition of new skills, the learning of new knowledge, or the formation of students' life values, the teaching method can play a positive role in promoting their development. The theories teaching for ideology and politics in college English course can effectively promote the learning of students' language knowledge, and guide students' values towards maturity.

## **4. Current Status of Theories Teaching For Ideology and Politics in College English Course**

College English course is a compulsory course for college students, and its teaching has also been innovative. English teachers are constantly learning excellent teaching methods from other people and constantly trying new teaching methods. However, the times are changing too fast, and the learning environment in each place is different. The foreign languages and cultures studied are different from the local customs. The main reasons for the low efficiency of teachers' teaching methods is that they have not figured out how to guide students to conduct coordinated and unified teaching in the context of cultural differences. Theories teaching for ideology and politics in college English courses is carried out based on the actual situation of students, with the help of typical cases to explain and guide the trend of students' values. Some teachers' ideological concepts are more traditional. They are still inflexible and carry out duck-feeding education even if they draw on

advanced experience. They ignore student's dominant position and do not pay attention to guide students. What's more, some of them adopt free education with high efficiency, which gives students a lot of space to play freely. They think that the values of students have not been formed completely and can be firmly grasped. But in fact, the significance of courses for ideology and politics is to cultivate the values of students and improve their skills<sup>[7]</sup>. Some universities do not attach importance to theories teaching for ideology and politics, which has brought great obstacles to its development in English course.

## **5. Strategies of Theories Teaching For Ideology and Politics in College English Course from the Perspective of Optimization Theory**

### **5.1 To Strengthen the Faculty**

As the saying goes, excellent teachers teach excellent students. In the new era, in order to improve students' learning ability and cultivate their morality, we must start with teachers. College students spend more time in learning in the classroom and less in life, so teachers' teaching language and teaching attitude have a great impact on students. Teachers can influence students, edify them and promote their progress. First of all, we should focus on the cultivation of teachers' professionalism. Schools should carry out more courses of teachers' ability training; improve teachers' professional knowledge and quality to improve teachers' ability and professionalism. The high English ability of teachers enables students to be convinced and to be willing to follow teacher's instruction. In addition, we should attach importance to the cultivation of teachers' ideological and political work. Only teachers absorb the advanced ideas, can they abandon the traditional ideas; fully understand the significance of theories teaching for ideology and politics in all courses. Only in this way, can teachers effectively adopt appropriate classroom teaching methods.

### **5.2 To Strengthen the Support for Education For Ideology And Politics**

Many colleges and universities do not pay attention to theories teaching for ideology and politics, which is not conducive to improving the teaching efficiency. In order to improve theories teaching for ideology and politics in college English course, we must pay attention to theories teaching for ideology and politics first. Leaders of colleges and universities should give sufficient manpower and material resources to ideological and political work, strengthen publicity, improve teaching equipment, and increase the length of theories teaching for ideology and politics in college English course. In addition, we should invite experts from well-known universities to revise appropriate teaching materials for their own schools. Students are more receptive to the key points of the course, which is conducive to improving their learning efficiency and effectively improving their ideological awareness. Practice is the only criterion to test truth. School leaders can carry out practical training bases and support the holding of some activities on education for ideology and politics, so that students can experience the theoretical knowledge of ideological and political work, promote students to further understand the knowledge of ideological and political work, and improve their comprehensive quality. The school often establishes cooperative relations with foreign schools and enterprises, so that excellent students can be selected to practice in foreign schools or enterprises through competition. And students can broaden their horizons and accumulate experience, which is conducive to finding suitable positions after graduation and giving full play to their own maximum value.

### **5.3 To Explore Teaching Methods Constantly**

Good teaching methods can achieve twice the result with half the effort. A qualified English ideological and political teacher needs to pay close attention to the current situation, and know how to use the hot spot of current affairs to teach and attract students' attention. And the point of view is easy to be understood by the students. In the era of network popularization, multimedia teaching has become a new era, and can effectively improve the efficiency of teaching. Education for ideology

and politics is a profound thing. It's impossible to express the views completely just by relying on the thin textbooks and the boring theoretical knowledge of classroom narration. Therefore, it's necessary to rely on multimedia equipment to pave the way with vivid demonstration. Then teachers introduce the knowledge to make students understand the ideological and moral concepts more smoothly. Change and innovation are the key to explore efficient teaching methods. With efficient teaching methods, students learn in the most relaxed way, and accept and absorb happily. Interesting and philosophical animation and vivid pictures can make students interested and stimulate their brain thinking. Only when teachers explore appropriate teaching methods, can students learn English better.

## Conclusion

To sum up, the development of theories teaching for ideology and politics in college English course needs to be improved. It needs to use optimization theory to explore efficient teaching methods. Schools need to attach importance to theories teaching for ideology and politics in college English course and strengthen support and publicity. And teachers should improve their own ability constantly, learn from other excellent teaching methods, and explore the most appropriate teaching methods. Consequently, the teaching efficiency can be effectively improved.

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