

Studies on Campus Football Extracurricular Training System in Yanbian Prefecture

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Abstract: In recent years, a lot of problems have emerged during the process of carrying out campus football activities. For example, the training level is low and elite football talents lack competitiveness. In view of this, it is necessary to establish and improve campus football extracurricular training system. This paper conducts investigation and researches on the campus football extracurricular training system in Yanbian Prefecture, including: the goal of campus football extracurricular training system, task orientation, campus extracurricular training grading training system, coach's core literacy, evaluation of extracurricular training, "quality talents" training system, code of conduct in competitions and referee team construction so as to provide referential basis for the construction of regional campus football extracurricular training system.

Introduction

Since the end of 2014, the Ministry of Education officially took the lead and took charge of promoting national campus football work. In July 2015, the "Opinions on implementation of accelerating the development of juvenile campus football in Yanbian Prefecture by the Ministry of Education and other six departments" was officially issued. Up to July 2018, 109 national-level campus football characteristic schools have been established in Yanbian Prefecture, 75 Yanbian Prefectural campus football teachers have received national-level and provincial-level training, and 7 Yanbian Prefectural campus football coaches have attended football coach training in the UK, France, Germany, and other European football powers. At the same time, five front-line foreign football teachers were introduced. While continuously carrying out campus football activities, massive foreign juvenile football training materials have been introduced in recent years, which enriched the content and methods of juvenile football training in Yanbian Prefecture. Campus football extracurricular training is a systematic project. As of 2018, Yanbian Prefecture has established and improved the framework of the campus football extracurricular training system, out into practice for verification. In this way, the training quality has been significantly improved.

This paper conducts a comprehensive discussion on campus football extracurricular training system in Yanbian Prefecture from perspectives of the orientation of Yanbian Prefectural campus football extracurricular training system, extracurricular training grading system, coach's literacy, training evaluation, "quality talent" training system, code of conduct in competitions and referee team building.

The Goal and Task Orientation of Campus Football Extracurricular Training System in Yanbian Prefecture

There exist great differences between campus football extracurricular training and professional football training in traditional sports schools.

Firstly, Yanbian Prefecture gives the priority to educational function of football in the first place. Campus football extracurricular training as a part of school sports education adheres to the tenet of promoting students' all-round development, and prioritizes the acceleration of students' integrated development.

In addition, it is aimed at the service of discovering and cultivating high-level competitive football reserve talents. Yanbian Prefectural campus football should get prepared for cultivating high-grade football talents while playing a role in promoting students' integrated development.

Construction of Yanbian Prefectural Juvenile Campus Football Extracurricular Training System

Campus football extracurricular training grading cultivation system. To establish a consistent campus football reserve talent training system step by step, it is necessary to standardize basic-level coaches and carry out extracurricular football training, clarify the goals of training development at all ages according to the characteristics of campus football extracurricular training, maximally develop footballers' potential. Thus, Yanbian Prefecture has formulated campus football extracurricular training grading system to satisfy the needs of discovering campus football talents and cultivating high-quality football reserve talents in Yanbian Prefecture.

Yanbian Prefecture classifies primary and secondary school football extracurricular training in five grades: three grades in primary school, grade one for U7-U8 primary school level 2, grade two for U9-U 10 primary school, grade three for U 11-U12 primary school; one grade for junior high school, namely, grade four for U 13-U15; one grade for high school, namely, grade five for U 16-U 18.

Standardize and enhance the comprehensive quality and teaching ability of campus football coaches. The competitiveness of coach talent team is the basis of the development of campus football. The coaches' comprehensive quality and teaching ability determine the integral development level of campus football reserve talents' competitiveness. The high-level coaches are conducive to keeping young players' interest in football, helpful to effectively improve football related body fitness, technique and tactics, and reduce the occurrence of injuries during football training. In view of this, Yanbian Prefecture has proposed clear requests for the comprehensive quality and teaching principles when coaches are carrying out football extracurricular training so as to enhance the scientific level of campus football extracurricular training.

With the development of campus football, for better faculty optimization and improvement of top football talents' cultivation ability in primary and secondary schools of Yanbian Prefecture, Yanbian Prefecture Education Bureau requires football-specialized schools to organize undergraduate sports college graduates with strong football professional knowledge, sports knowledge and teacher qualifications to apply and pass authorized examinations of the public institutions for enrollment of relevant football teaching and training personnel. At the same time, it is necessary to select and send qualified recruited personnel to participate in professional training such as the national campus football backbone teacher training class and the Chinese Football Association D-level football coach training class so as to enhance the professional competence of physical education teachers and football coaches. At the present stage, relevant personnel engaged in coach positions or physical education teachers in Yanbian Prefecture primary and secondary school football teaching basically are qualified with relevant professionalism and related certification, and most of them have college degree or academic qualifications above. Currently, according to the regulations of each series competitions in Yanbian Prefecture, coaches with certifications of D level and above are qualified to lead the team to participate in competitions. These competition regulations and the relevant system for coach professional training have laid theoretical and technical foundation for the sound and systematic development of juvenile campus football sports in primary and secondary schools of Yanbian Prefecture.

Formulate and standardize code of conduct for athletes in competitions. The code of conduct for athletes in competitions as a core part of athlete attainment consists of following contents. Athletes should have team awareness, perform well in competitions and give priority to the interests of the team, adhere to the principle of fair competition, no cheating, flopping, complaining and wasting time. They should respect teammates, rivals, referees and their own coaches and team leaders. They should abide by the rules of competitions, follow the referee's management, treat the result of competitions

correctly regardless of victory or defeat, show their demeanor irrespective of outcomes. After the game, they should shake hands with the opposite players and the referee, greet to the coach and the team at the substitutes bench of the opponent team in a collectivity, humbly accept the coach's guidance and reply in a proper way, understand that the coach works for the overall interest of the whole team rather than the individual player. They should pour out their dissatisfaction of team arrangement to people they trust.

Intensify extracurricular training process management and implement athletes' growth record file management. Yanbian Prefecture gives priority of the management of campus football extracurricular training to the process, implements dynamic management of the whole process, thus establishing and perfecting athlete growth record file management system.

Yanbian Prefecture Campus Football Office requires basic-level football coaches to completely record the general performance of all athletes that they teach. Growth record portfolio materials include detailed records from aspects of athletes' training, competition, study, and morality, with coach's evaluation and signature. The materials at each stage should be well-aligned and connected, should truly manifest the athlete's learning, training and competition level of the last stage. Yanbian Prefecture includes athlete growth record file construction into campus football characteristics acceptance inspection standards for supervision and management.

Perfect the assessment of campus football extracurricular training in Yanbian Prefecture. Assessment can promote campus football training to achieve the goal, and high-quality assessment can guarantee high quality of campus football training. The assessment content of campus football extracurricular training in Yanbian Prefecture comprises two parts: one is the assessment of coach's teaching ability and level, and the other is the assessment of athlete competitive level and future development. The coach's teaching ability and level mainly concern two aspects: one is coach's own football skill, coaching experience and coach's certification level. The other aspect is coach's teaching ability and achievement. The teaching ability is manifested by their learning and mastery of the theoretical knowledge, methods, and organization of modern juvenile football training. It means that they can design training programs and carry out extracurricular training from the perspective of athletes' future development. The training process should accord with the law of modern football reserve talents' growth. The coach's performance can be demonstrated from performance of their team leading, the level and quantity of the reserve talents they cultivate. The assessment of athletes mainly includes the assessment of athletics level and future development. The assessment of the athletics level mainly refers to the training level and test scores of athletic skills, the performance of competition ability and competition results. The assessment of athlete future development mainly focusses on investigating their devotion to football, their commitment and insistence, and investigating whether they have prominent individual playing specialties and style.

Establish the guarantee mechanism of campus football extracurricular training. Campus football extracurricular training is in need of external guarantee, especially from system construction because extracurricular training concept can be converted to actual action with practical and effective external guarantee. The external guarantee mechanism in Yanbian Prefecture can mainly be constructed from the following aspects: athlete's cultural study guarantee system; campus football extracurricular training process management and assessment system, the athlete insurance system, that is, school should purchase insurance for athletes participating in extracurricular training to safeguard the legal rights and interests of students and coaches. Campus football extracurricular training guarantee system can clarify the requirements for security protection prevention knowledge education in extracurricular training, standardize scientific training behaviors, and minimize the risk of accidental injury. On the other hand, social security systems such as insurance and legal rights guarantee system should be established and perfected to create a sound social environment for the healthy development of campus football extracurricular training in Yanbian Prefecture.

Establish and perfect "quality talents" training system for campus football extracurricular training in Yanbian Prefecture. Since Yanbian Prefecture was recognized as National Campus Football Reform Pilot Area by the Ministry of Education in 2015, Yanbian Prefecture has been

committed to building and perfecting a top “quality talents” campus football training system. In January 2018, Yanbian was officially listed as one of the 15 national juvenile training centers of Chinese Football Association. 96 national-level campus football-specialized schools in Yanbian Prefecture were incorporated in the selection scope of for national juvenile training centers. At the present stage, Yanbian Prefectural juvenile specialist primary school team has established U7, U8, U9, U10, U11, and U12 series competitions suitable to compulsory education grade setting. National football specialist schools organize teams to participate in competitions of all ages. Team members of junior high school group born after U16 and team members of high school group born after U18 participate in the junior high school special school competition. Through Yanbian Prefectural specialist school U series competitions, the juvenile training center winter training inspection competition and other competitions have become main methods of selecting high-quality football talents. As Yanbian Prefecture attaches great importance to competitions, Yanbian juvenile sports training center mainly choose weekends and holidays to conduct centralized training. After repeated demonstration, Yanbian Prefecture has formulated the "Selection Standards for Elite Athletes", selected and formed elite team of U7-U12 Yanbian juvenile training center and U14, U17 junior and senior high school elite echelon on this basis, with one team for each age and 25 players in teach team. Such "high-quality talents" campus football training system in Yanbian Prefecture can provide solid talent reserve support for building professional club echelon.

Reinforce the referee team building. Football referee work is an important constituent part of football sports. Only in a fair, impartial and accurate competition environment can young people be cultivated with the good qualities of courageous fighting, competing fairly, and respecting their opponents. The football referee as the "judge" on the court implements and embodies the legal culture of football. Therefore, the football referee’s judging level plays a critical role in the sound development of football. In 2014, Yanbian Prefecture established Yanbian football referee training center which selected excellent students from sports college for systematic training with the support of Sports School of Yanbian University. In 2017, Sports School of Yanbian University set up a football referee course for cultivating football referees (female and male). So far, 7 national football referees (1 women) and 65 national first-grade and second-grade football referees (4 women) have been cultivated through specialized and systematic training and referring practice at all levels of football competitions. These referees have actively shown their figures on the court of China’s professional leagues of all levels and college football leagues. Yanbian Prefectural Football Referee Training System has provided a solid guarantee for carrying out campus football competitions in a normative and standardized manner in primary and secondary schools of Yanbian Prefecture.

Summary

In conclusion, the fundamental solution to improve the quality of campus football extracurricular training in Yanbian Prefecture lies in construction and improvement of campus football extracurricular training system, which can also provide reference for building a regional campus football extracurricular training system.

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