

Cultural Self-Confidence Education of Senior High School Students Based on Quality-oriented Education

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Abstract: At present, socialism with Chinese characteristics has entered a new era. To realize the great rejuvenation of the Chinese nation, we need to improve people's quality in an all-round way. As an internal character of people, cultural self-confidence has a positive impact on the formation and improvement of people's quality. For high school students, cultural self-confidence is an important embodiment of the quality of high school students in the new era, and cultural self-confidence education should be an organic part of high school students' quality education. In the new era, educators should consciously analyze and explain the cultural self-confidence education of senior high school students from the perspective of quality-oriented education, and then consciously put the cultural self-confidence education into the quality-oriented education track, and give full play to the important role of Ideological and political courses in the development of cultural self-confidence education.

1. Re Recognition of Cultural Self-confidence from the Perspective of Quality

1.1. The definition of cultural confidence

Cultural self-confidence refers to a kind of rational judgment of the cultural subject on the basis of cultural practice, and a positive and positive psychological state. This positive psychological state based on rational judgment includes the incomparable love for the national culture, the overall recognition and full affirmation of its cultural value, and the firm confidence in the vitality of the national culture. Among them, the full affirmation of the cultural value of our nation is the basis of cultural self-confidence.

1.2. Cultural self-confidence is an important embodiment of high school students' quality

Cultural self-confidence helps to strengthen and improve people's ideological and political moral quality. The core of Ideological and political moral quality is world outlook, life outlook and values. The core of culture is values. The essence of cultural self-confidence is the full affirmation of the cultural value of the Chinese nation by the cultural subject. Value self-confidence is the essence of cultural self-confidence. It is this self-confidence in values that makes us firmly believe in the vitality of Chinese culture and the great rejuvenation of the Chinese nation, and we are willing to make unremitting efforts to realize the great rejuvenation of the Chinese nation. Therefore, cultural self-confidence embodies the internal requirements of Ideological and political moral quality. Cultivating and establishing cultural self-confidence is helpful to strengthen and improve ideological and political moral quality.

Cultural confidence helps to strengthen and improve people's scientific and cultural quality. It is necessary to attach importance to the cultivation and improvement of people's scientific and cultural quality to have rich scientific and cultural knowledge, corresponding scientific and technological ability, scientific consciousness and scientific spirit. As far as cultural self-confidence is concerned, the recognition and affirmation of cultural ability and cultural value by cultural subject is deepened through cultural cognition. Meanwhile, with the selection and grasp of cultural ability and cultural

value, it further strengthens people's high recognition of the culture. It can be seen that cultivating and strengthening cultural self-confidence not only helps to enrich people's scientific and cultural knowledge, but also helps to affirm cultural ability and cultural value, strengthen people's scientific consciousness and spirit, and improve their own cognitive and practical level.

Cultural self-confidence helps to strengthen and improve people's emotional quality. We should cultivate positive emotion, make it conducive to the healthy development of the cognitive process, promote the continuous strengthening of the subject's consciousness, and then form a good personality quality. Cultural self-confidence includes the incomparable love for Chinese culture, the full affirmation of its cultural value, and the firm confidence in the vitality of Chinese culture. It is a positive psychological state generated by the cultural subject based on its cultural practice, which embodies the due quality of each cultural subject. In this sense, the cultivation process of cultural self-confidence is the process of people's emotional experience of culture, which has a profound impact on strengthening and improving people's emotional quality.

2. On the Cultural Self-confidence Education of Senior High School Students based on Quality Education

2.1. Cultural self-confidence education and quality education are consistent in educational purpose

The essence of education is to cultivate people. To carry out quality-oriented education in an all-round way and promote the all-round development of the educated, such as morality, intelligence, body and beauty, are the requirements of the socialist modernization construction for the talent training objectives and the quality of the talent training specifications, and also reflect the internal requirements of the education objectives. At present, cultural self-confidence has increasingly become the common pursuit of the whole Chinese nation and the essential character of every Chinese people. For high school students, cultural self-confidence, as an essential quality, embodies the quality requirements of young students in the new era of socialism with Chinese characteristics. In this sense, cultural self-confidence education is a concrete expansion of quality education in the new era. It is a new goal and task for school quality education in the new era to carry out cultural self-confidence education so that senior high school students can establish and strengthen their own cultural self-confidence and shoulder the historical mission of realizing the great rejuvenation of the Chinese nation.

2.2. Cultural self-confidence education and quality education are complementary in educational content

The goal of quality education requires us to choose the relevant education elements from the corresponding subject knowledge, the experience of contemporary social life and the experience of the education subject, so as to form the education content conducive to the realization of the goal of quality education. The cultural self-confidence education of senior high school students is mainly to guide Senior High School Students' deep cognition of Chinese excellent culture through relevant educational activities, cultivate their sincere feelings for Chinese excellent culture, strengthen their value identification of Chinese national culture, strengthen their confidence in the strong vitality of culture, and make them clear their historical mission in the realization of national rejuvenation. The consistency of cultural self-confidence education and quality education in educational purpose determines that the content of cultural self-confidence education is conducive to the deepening of relevant content of quality education. The content of quality education can provide useful support for enriching the content of cultural self-confidence education, and then form the beneficial complementarity of cultural self-confidence education and quality education in educational content.

2.3. Cultural self-confidence education and quality education are interlinked in educational approaches

The way of education is the channel to influence the students' education. As far as the education

of Ideological and political quality is concerned, the ways to influence and improve the students' Ideological and political quality mainly include: the teaching of Ideological and political courses and other subjects in schools, the educational environment of schools with the construction of campus culture as the main body, and relevant social practice activities. It should be pointed out that "the knowledge, experience and way of thinking obtained in education can be truly internalized into the quality of the subject only through continuous test, consolidation and development of practice". Therefore, social practice as the main form of practical education plays a very important role in improving the quality of students, we should pay more attention to it. Similarly, the establishment of students' cultural self-confidence is inseparable from the corresponding cultural practice activities. And the consistency of cultural self-confidence education and quality-oriented education in educational purpose, and the complementarity in educational content determine the effective educational approaches and methods in quality-oriented education, which can be used for reference by cultural self-confidence education.

3. The Necessity of Cultural Self-confidence Education for Senior High School Students based on Quality Education

3.1. Reflects the requirements of the times for senior high school students to undertake the historical mission

At present, socialism with Chinese characteristics has entered a new era. In such a new era, we need to establish and strengthen our cultural self-confidence. As a more basic, deeper and lasting force, cultural self-confidence is the spiritual power and important guarantee to realize the great rejuvenation of the Chinese nation. To establish and strengthen cultural self-confidence is an inevitable requirement in the process of the great rejuvenation of the Chinese nation. Senior high school students are the inheritors and innovators of Chinese culture and an important force to realize the great rejuvenation of the Chinese nation. In the new era, senior high school students are required to have ideals, abilities and responsibilities. In this sense, to establish and strengthen the cultural self-confidence of senior high school students through cultural self-confidence education is the responsibility requirement for senior high school students to undertake the historical mission.

3.2. Reflects the internal requirements of the healthy growth of high school students in the new situation

We should not only see the requirements of the new era for high school students, but also see the impact of social development and changes on the growth environment of students. At present, the school education is facing severe challenges, and the education environment and the growth environment of students are undergoing profound changes. This kind of change, on the one hand, will make senior high school students have more independent ideology, more value pursuit, more distinct personality characteristics, on the other hand, because of their own experience is still shallow, life experience is insufficient, cognitive and intellectual development is not stable, it may make them blind in the face of the complex impact of multi-cultural, because of their own cultural background is weak and lack of humanistic quality, leading to blindness Respect for the outside world and cultural inferiority. From this point of view, it is the inherent need for the healthy growth of senior high school students to attach importance to and strengthen their cultural self-confidence education, improve their understanding of Chinese culture, enhance their feelings for Chinese culture, establish correct cultural values, and strengthen their faith in Chinese culture, so as to guide them to fully understand their historical mission in realizing the great rejuvenation of the Chinese nation.

3.3. Reflects the inevitable requirement of quality education of high school students in the new era to keep pace with the times

To realize the great rejuvenation of the Chinese nation, we need generations of high-quality talents. The intrinsic and social characteristics of quality determine that quality education, as an

education to promote the all-round development of human quality, must meet the requirements of social development. In the face of the historical mission of striving to realize the great rejuvenation of the Chinese nation and the severe challenges brought by the current globalization, diversification and networking to the growth and education of young people, quality education in the new era must keep pace with the times. It is not only a new requirement for the quality education of senior high school students in the new era, but also an important embodiment of the development of quality education in the new era to strengthen the cultural self-confidence education of senior high school students, so as to cultivate them to become a young generation with ideals, abilities and responsibilities, so that they can truly shoulder the historical mission of realizing the great rejuvenation of the Chinese nation.

4. Suggestions on Developing Cultural Self-confidence Education from the Perspective of Quality Education

4.1. Clear teaching objectives and requirements

The standard of Ideological and political course in senior high school recently issued by the Ministry of education clearly proposes to form students' core qualities such as political identity, rational spirit, consciousness of rule of law and public participation through the teaching of Ideological and political course in senior high school, and requires relevant course teaching to "tell about the value judgment and behavior selection in social life and personal growth according to the basic principles of Marxist Philosophy" And the meaning of cultural self-confidence. It should be emphasized that the development of cultural self-confidence education is not only the content requirements of relevant courses, but also the specific embodiment of the core quality requirements of the discipline. In the specific teaching process, we should attach importance to and strengthen the teaching requirements of relevant courses in guiding students to "understand the charm of Chinese culture, understand the truth of promoting the spirit of the Chinese nation, and enhance cultural self-consciousness and cultural self-confidence", so as to promote students to establish and enhance cultural self-consciousness and cultural self-confidence, at the same time, we should highlight the value of cultural self-confidence education in the course of teaching guidance, the necessary combing and integration of the relevant curriculum content, so that it can play its due role in training and strengthening the cultural self-confidence of students, promoting the formation and improvement of the core literacy of students.

4.2. Strengthen practical education

It is the key point of quality education to cultivate students' innovative spirit and practical ability. It is the internal requirement of strengthening the quality education function of Ideological and political course in senior high school to pay attention to the important role of practical education in students' quality education. The inherent relationship between cultural self-confidence education and quality education determines the formation and strengthening of high school students' cultural self-confidence, which is also inseparable from the corresponding cultural practice education. It includes organizing senior high school students to participate in various cultural and educational practice activities, forming an incomparable love for the national culture and full affirmation of the cultural value of the national culture, laying a solid foundation for consciously practicing the national cultural spirit; guiding senior high school students to consciously practice the cultural spirit in daily life and social activities, and constantly strengthening the firm vitality of the national culture confidence; guide senior high school students to actively participate in innovative activities about Chinese excellent culture and national spirit, and make due contributions to promoting the development of Chinese excellent culture and the great rejuvenation of the Chinese nation. At the same time, in the practice of cultural self-confidence education, we should give full play to the function of environmental education, transform the influencing factors of the school campus cultural environment into cultural self-confidence education resources; we should pay attention to guide teachers and students in the social practice activities, combine the relevant education

resources reflecting the requirements of cultural self-confidence education with the school curriculum teaching resources, and make the cultural self-confidence education resources continue To enrich and promote the continuous improvement of cultural self-confidence education effect.

4.3. Improve the educational ability of Teachers

The quality and education ability of high school ideological and political teachers are important factors that affect the effect of cultural self-confidence education. Therefore, teachers should not only have firm cultural self-confidence, but also have corresponding cultural self-confidence education ability.

Establish a sense of cultural self-confidence and consciously strengthen our own cultural self-confidence. In the process of realizing the great rejuvenation of the Chinese nation, cultural self-confidence is the common pursuit of the whole Chinese nation, and also the essential character of every Chinese people. As the implementer of cultural self-confidence education in schools, teachers should first have a deep understanding of cultural self-confidence and a strong sense of improving their own cultural self-confidence, and then consciously establish and strengthen their own cultural self-confidence. This is an important premise and guarantee for the effective development of students' cultural self-confidence education.

Strengthen the awareness of quality education and strive to improve the educational ability of cultural self-confidence. As an organic part of quality education in the new era, cultural self-confidence education requires teachers to consciously put it into the track of quality education, and pay attention to carry out cultural self-confidence education through the ideological and political teaching in senior high school. Teachers should deeply understand the connotation of cultural self-confidence education and the requirements of curriculum objectives, promote the organic combination of cultural self-confidence education and curriculum teaching, scientifically integrate and effectively develop curriculum education resources, so that the teaching content can better reflect the requirements of teaching objectives, improve and perfect teaching methods, give full play to the educational advantages of "cultural people" in cultural self-confidence education, so as to increase Strengthen the effect of education.

Pay attention to improve their own cultural literacy and strengthen the research of cultural self-confidence education. As the main body of education, teachers play the leading role in the process of cultural self-confidence education by taking on the responsibilities of organizers, guides, consultants and promoters. To give full play to the leading role of this kind of education, teachers are required to have higher cultural literacy and the theoretical accumulation of cultural self-confidence education. This requires teachers to strengthen the research of cultural self-confidence education, constantly explore and grasp the law of cultural self-confidence education in the practice of education and teaching, so as to better play its leading role in cultural self-confidence education.

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