

Dance Teaching in Colleges and Universities under New Media Environment

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Abstract: In recent years, the new media has developed rapidly and been widely used by the public. The new media has affected all aspects of society, and has a closer interaction with the development of sports. Making full use of the new media era and the application of new media in physical education teaching has made a new breakthrough in traditional physical education teaching, and the importance of rational use of new media has become increasingly prominent. This paper objectively analyzes the influence of new media on college dance teaching and how to use the new media to optimize the college dance class, so as to promote the development of college dance class.

New Media have many correct statements, such as “mobile phone control and Weibo Control”. Users are basically students. New Media has become the most important means. Sports dance is an important part of college sports teaching and is affected by students because of its artistry. However, because it is more difficult than other physical education classes, the promotion of sports dance in many colleges and universities is hindered. Dance is a form of expression that reflects students' ability to perceive and control music. It can not only improve students' aesthetic level, but also express students' dance ability. Especially in the process of further developing high-quality education, the importance and role of dance teaching are becoming more and more prominent. However, there are still some problems in the dance teaching in colleges and universities, which not only fail to embody the function of dance classes, but also restrict the development of dance classes in our country.

1. The Influence of the New Media Environment on Dance Teaching

The traditional sports information channels such as newspapers and magazines basically withdrew from the student stage, and the students now basically became the audience of the new media. With the wide coverage of new media^[1], students are acquiring new sports information faster and faster. The network resources are rich and all-encompassing, and students can obtain the required information anytime and anywhere through mobile Internet terminals. Compared with the traditional teaching methods, students will rely too much on teachers in knowledge, especially after the physical education class is over, throw them away, so that they can learn easily and quickly. Using the convenient and fast search method on the Internet, students can search for relevant video and text information after class. Because the new media can get information at any time, it eliminates the boundary of traditional sports, expands the student's study space, and effectively improves the student's study efficiency. The development of new media provides a variety of platforms for students to communicate with each other. Students can freely choose their own learning methods and content. Through information exchange, online communication and discussion, professional website services and other possibilities, Internet learning can deepen the learning level of students, meet the needs of different students, and make up for the shortcomings of traditional teaching.

2. Problems in New Media Dance Teaching

2.1 The Teaching System Needs to be Improved

Many universities do not have a complete and unique teaching system, which makes it difficult to carry out teaching in an orderly way. Due to the lack of unified teaching standards and evaluation standards, teachers who do not attach importance to teaching work "exploit loopholes". Generally

speaking, the dance course for non-dance majors is an optional course.^[2] Many teachers not only don't spend time and energy studying the dance curriculum system, but also copy the teaching system of other schools, making problems often occur in teaching or students can't keep up with the progress of teachers. If the quality of the teaching system does not meet the requirements, it is difficult to carry out teaching again.

2.2 The Teaching form is Single and does not Play the Role of the Classroom.

The dance class is a very practical course. In order to improve dancing ability, the students should keep practicing, find their own shortcomings, and improve themselves. However, many teachers make arbitrary decisions, do not consider the students' demands at all, and teach according to their own ideas. They ignore that students are the main body of dance class. Only when teachers teach according to the needs of students can students really be interested in dance teaching. Its main features are to maximize the role of students as subjects in the classroom, giving them the right to speak in the classroom and to communicate in the classroom with teachers of equal ability. Teachers complete the task of "teaching people to fish, not teaching people to fish". Therefore, it is necessary and of great value to carry out research study in order to strengthen the student in the classroom main body function.

In fact, many schools have followed the traditional dance classes. Many students are not interested in dance classes, so college dance classes should have certain particularity. It is a kind of expression of the combination of static and dynamic art form in order to let the students feel the beauty of dance through the teacher's setting in the teaching process. In addition, unified teaching methods cannot stimulate the enthusiasm of students to learn dance, which is not conducive to the formation of a good classroom atmosphere, leading to weak teacher-student interaction. It is not conducive to the formation of high quality and high level dance classes. Weak interaction and problems in dance classes in colleges and universities have affected the improvement measures of teaching quality in dance classes at different levels: Without a practical teaching system, dance teachers cannot find the right direction like headless flies; The teaching method is too single to attract the enthusiasm of students to attend classes. The participation of students in classes is also low, and dance classes are boring. The ideal situation is to take students as the main body, teachers' elective content as the core, and make decisions according to the actual needs of students, but the actual situation is just the opposite. Many teachers ignore the most important physical position of students in the classroom.

3. The Use of New Media in Dance Teaching

3.1 Actively Increase the Opportunities for Communication and Presentation.

Students are the mainstream audience of new media and the main target of new media promotion. For sports dance projects, the college is the largest sports dance professional position. As for sports dance, most universities continue to analyze and absorb students passively by traditional teaching methods, teachers and professors, which is also the reason why the spread of sports dance is not ideal under the traditional teaching mod. Colleges and universities should play the role of new media, especially on mobile phones, such as "Weixin public number and campus micro-blog", so as to disseminate sports and dance information to students vividly, broaden and deepen the dissemination of sports and dance information, and enhance students' knowledge and interest in sports dance. However, in the process of communication, because the interest, character, body and body of students are different, the information of sports dance can not be generalized in the process of communication. Therefore, it is necessary to combine the students' individual circumstances and their own characteristics in the process of communication to spread the information that is favorable for students to accept. For example, fat students can spread the information of sports losing weight, and students with poor posture can provide them with sports dancing information and improve their personal temperament. This is conducive to improving the overall concept of sports dance students, the enthusiasm of sports dance learning and learning efficiency.

3.2 Disseminate of Positive Information

Competition and cooperation exist in the current forms of communication of new media, where competition dominates, but cooperation still exists. Each media has its own advantages and disadvantages and different target groups. Learning from each other's strong points and sharing sports dance knowledge together and accurately can spread sports dance information in time to meet the needs of students. Many colleges and universities have their own "official chat or public chat" [3]. The spread of college sports dance needs the cooperation of all kinds of information platforms in colleges and universities to disseminate sports dance information positively, seriously, accurately and timely. For example: College sports dance activities, college sports dance activities, college dance online video should be released on different platforms on campus to help students understand the information in a timely manner. The extensive use of new media has its advantages and disadvantages: Healthy, positive and correct information can be spread in time, as can false, negative and negative information. The public is seriously affected by the real situation of the incident, which is also a problem for the dissemination of sports dance information. This is why colleges and universities must actively review the healthy and positive sports dance information dissemination information and filter false and negative information in time. If we don't filter and spread false information in time, we should respond in time, spread truth and eliminate rumors.

3.3 To Correctly Guide and Carry Out Research-based Teaching

In order to organically combine the concept of research-based learning with the practice of dance teaching, first of all, teachers should make students treat research-based learning correctly by understanding the relevant knowledge of research-based learning to communicate their efforts and the quality they should have. Therefore, teachers should fully understand the relevant knowledge of research-based learning, develop courses, organize teaching content rationally, and encourage students to actively participate in class discussions to play a principal role. In addition, students must be able to study independently and be assigned tasks such as finding out the background of dance and expressing emotions. The more students know, the more they will understand dance. Only through research can students know what they have learned and mastered and arouse their interest in dance teaching.

Considering the status of research-based learning, teachers should establish a good curriculum based on the basic characteristics of research-based learning, take into account all aspects of the teaching process, and examine the feasibility of introducing the concept of research-based learning. Students should play their role and communicate with teachers more. If teachers choose courses that do not conform to their actual conditions, they should communicate with teachers in a timely manner, and express their opinions and suggestions on dance rules to teachers to help teachers correct teaching problems, not regard themselves as bystanders. Students should reflect their value in research-based learning, and improve the quality and efficiency of dance teaching.

Teachers should make bold attempts and take dance teaching as a research-based learning position. In addition, they should teach according to the basic characteristics of research-based learning, make a good curriculum, consider all the links in the teaching process, study the feasibility of introducing the concept of research-based learning, and display the characteristics of research-based learning as much as possible. Students should play their roles and communicate more with teachers, communicate with teachers in a timely manner, express opinions and suggestions on dance laws to teachers to help teachers correct teaching problems, do not regard themselves as bystanders, reflect their value in research-based learning, thus improving the quality and efficiency of dance teaching.

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