

Analysis of College English Education and Teaching Model from the Perspective of Flipped Classroom

Lili Wang*

Beihua University Teacher's College, Jilin 132013, Jilin, China

E-mail: liliWang116@163.com

*Corresponding author

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Abstract: In the information age, with more and more attention to computers and the Internet in the field of education, flipped classroom, a brand new teaching mode, has emerged. Under flipped classroom teaching mode, knowledge acquisition is transferred from class to after-class. Students learn the course content by watching micro-courses and MOOCs on the online education platform. The main function of classroom is to organize students to discuss and solve the problems and puzzles in the process of autonomous learning, which is conducive to giving play to students' main role in learning, enhancing the interactivity of classroom teaching, and cultivating students' good autonomous learning ability. From the perspective of flipped classroom, this paper analyzes the important value of introducing flipped classroom into college English education and teaching and discusses the specific strategies for implementing the reform of flipped classroom in college English teaching practice, hoping to provide valuable reference.

Against the background of the accelerating process of global economic and cultural integration, English, as a world language, is increasingly valued in the field of university education.[1] In the information age, relying on computers and the Internet, the flipped classroom teaching model of college English has become an important way to realize the innovation and reform of college English teaching model. Flipped classroom mainly refers to flipping the teaching links of the class. The process of knowledge teaching and acquisition is creatively transferred from class to after-class, and students are encouraged to make reasonable arrangements for their learning time and independently use their spare time to complete the learning of online English courses on the online education platform. Main functions of classroom are transferred to discussion among students and interaction between teachers and students. In this way, teachers are able to enhance students' enthusiasm and subjectivity in English learning, promote students' independent thinking and independent exploration to solve problems in English practice and application, and help students build a complete system of English knowledge to firmly manage English application skills.

1. Significance of Introducing Flipped Classroom in College English Education and Teaching

1.1 Increasing Students' Interest in English Learning

English flipped classroom is applied on the basis of online video teaching courses, which can carry a rich variety of English teaching materials, including text, image, audio, animation, and video. Therefore, college English teaching content can be further enriched, and English learning situations can be effectively created with diversified teaching materials to provide students with good learning experience, let students feel the English language and cultural environment, and thus enhance their interest in English learning. [2]

1.2 Improving College English Teaching Level

In the traditional teaching mode, the time and place of college English teaching are fixed, and teachers mainly feed English knowledge to students. The lack of sufficient class interaction and

subjectivity of students lead to poor teaching effect. Through the introduction of flipped classroom teaching mode, students can independently arrange their English learning time. With the Internet environment, students can carry out English learning anywhere. Therefore, it provides students with more choices, which is conducive to giving play to students' main role in English learning and promoting the overall level of college English teaching. [3]

1.3 Cultivating Students' English Learning Habits

In the flipped classroom teaching mode, students need to complete English knowledge acquisition through independent learning, which is the basic prerequisite for them to grasp English language knowledge and participate in subsequent classroom discussions.[4] With the guidance of teachers, students complete independent learning and supporting exercises for online teaching videos according to the schedule on the online education platform. After a period of time, students will gradually form a good habit of independent English learning, which promotes students to take the initiative to use online English teaching resources to carry out more in-depth English learning.

2. Specific Strategies of Applying Flipped Classroom in College English Education and Teaching

2.1 Improving Teachers' Curriculum Production Ability and Quality of Online Video Courses

In the flipped classroom mode, students can acquire English knowledge by watching and learning online English teaching videos independently, and carry out corresponding English application practices under the guidance of the teaching videos. Therefore, the quality of online English teaching videos determines the application effect of flipped classroom to a certain extent.[5] As the producer of online English teaching courses, teachers should attach importance to improving their ability to produce English video teaching courses. Before making the course, teachers should make in-depth study and analysis of the teaching content; identify the key points and difficult points in teaching, and select English teaching materials that are both vivid and effective in teaching. Teachers should effectively create the English application situation in the English teaching videos to help students understand related knowledge. At the same time, teachers should pay attention to the screening of MOOCs on online education platforms, and select MOOC courses that meet students' actual English learning level and needs. As a supplement to English teaching, it further deepens students' English knowledge structure and broadens students' English cultural horizon. In general, the length of an English online course should be limited to about 10 minutes to avoid excessive length of instructional videos. In addition, a specific knowledge point should be thoroughly explained in a single teaching video, so as to reduce students' learning pressure and meet students' fragmented learning needs at the same time. Therefore, teachers should improve their ability to concentrate and summarize, scientifically refine the contents of English teaching, and present them concisely in teaching videos, so as to further improve the quality of videos.

2.2 Introducing Project Task Teaching Method to Improve Students' Learning Efficiency

Clear learning objectives and specific learning tasks can make students' learning more targeted, promote students to carry out corresponding practices for the purpose of completing learning tasks, and thus improve students' overall learning efficiency. [6] Therefore, teachers should attach importance to the introduction of project task teaching method in the teaching process, and set specific learning project tasks according to the content of the teaching video when designing and producing the teaching video used in flipped classroom teaching mode. After the completion of the teaching video learning, students are guided to think about and practice English questions contained in the learning tasks in combination with the acquired English knowledge, so as to enhance the pertinence and effectiveness of students' learning and prepare for subsequent classroom discussions. When designing learning tasks for projects, teachers should attach importance to effectively control the difficulty of tasks based on students' actual level, so as to make students' thinking and practice more effective. For example, when teaching "Does Exercise Have Unexpected Benefits?", teachers

could design the following tasks: 1) According to this article, do you think exercise have unexpected benefits? 2) How often do you exercise? What do you gain from exercising? In this way, teachers can guide students to organize their answers in English according to the text content and their own actual situation, and promote students to develop practical application of English.

2.3 Organizing English Class Discussion Efficiently to Help Students Achieve Consolidation and Improvement

In the flipped classroom teaching mode, the main function of the traditional offline English classroom is changed to the interaction between teachers and students and the communication and discussion among students around the problems arising in the process of independent learning. Therefore, as the dominant leader of the classroom, teachers should adopt scientific methods to optimize classroom interaction, strive to improve interaction efficiency, and help students to solve English problems and difficulties encountered in the process of independent learning.[7] At the same time, teachers should attach importance to helping students summarize and review the English knowledge contained in the teaching videos, so as to create good conditions for subsequent discussions. During classroom teaching, teachers can ask students to answer the questions raised before class to preliminarily test the students' online autonomous learning. After that, teachers can guide students to review the English knowledge contained in the teaching video together, so as to further improve the students' English knowledge framework. Then, teachers could guide students to use the sentence patterns to create dialogue and discuss English questions they have in the independent learning. Finally, teachers can summarize to help students consolidate knowledge they acquired in class.

2.4 Changing English Course Evaluation Model and Enhancing Students' Independent Learning Ability

The flipped classroom teaching model emphasizes on promoting students' independent learning of English. Therefore, teachers should change the evaluation model of English course. The traditional evaluation of unitary examination should be changed and more attention should be paid to students' learning process. With the help of the learning data analysis function of the online education platform, the study time and attendance status of students are investigated, and the investigation results are regarded as an important standard for students to score English courses. In this way, teachers can promote students to form correct learning attitude and form good independent learning ability and habit. [8] At the same time, attention should be paid to the organization of periodical English tests, including paper tests and English communication tests, so as to comprehensively learn the students' understanding of English knowledge and English application skills. In this way, teachers can provide students with targeted learning suggestions, promote students to adjust their learning habits and behavior, and improve their English learning level.

3. Conclusion

The teaching mode of college English education should not be static. Teachers should attach importance to innovation according to the development of the time and the demand of teaching practice, with introducing forms and methods with innovative significance in the teaching process. In this way, teachers can constantly optimize the teaching plan, effectively improve the teaching quality, promote the development of students' core English literacy, and improve students' comprehensive practical application ability of English. By introducing flipped classroom teaching mode into college English education and teaching mode, teachers can effectively enhance students' interest in English learning, improve English teaching level, and cultivate students' good habits of independent English learning. The effective application of flipped classroom to organize college English teaching requires teachers to improve their information technology application level and network video course production ability to provide students with quality English online courses. Teachers are required to: emphasize on the introduction of project task teaching mode to improve

the efficiency of students' independent learning; effectively organize English classroom discussion, deepen students' understanding of English knowledge contained in online courses, and help students realize consolidation and improvement; and change English course evaluation model and enhance students' independent learning ability.

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