Discussion on the Integration and Symbiosis of Tea Culture and Etiquette Culture

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Abstract: As an important part of Chinese traditional culture, tea culture has special cultural connotation and social value. The traditional Chinese etiquette culture plays a particularly important role in promoting the construction of a harmonious society, improving the economic development environment, and enhancing the country’s soft power. Based on the connotation and value of tea culture and etiquette culture, this article discusses the meeting point of the two and the development mechanism of their integration and symbiosis.

1. Introduction

In recent years, with the continuous advancement of China's modernization process, cultural collisions around the world have also become more frequent. In order to adapt to the development environment of the times and build a socialist culture with Chinese characteristics from the perspective of strategic development, in order to form unique connotations and values Meaningful Chinese etiquette civilization. Chinese traditional tea culture has thousands of years of development history and is an important part of China's excellent traditional culture. In modern society, tea tasting has gradually become an important part of people's living habits. The report of the Nineteenth National Congress emphasized that cultural self-confidence is the source of motivation for building a socialist cultural power. In order to promote the cultural prosperity of the new era, exploring the integration and symbiosis of tea culture and etiquette culture is of great significance to the promotion of socialist cultural construction with Chinese characteristics.

2. Analysis of the Connotation of Chinese Traditional Tea Culture

2.1. The Connotation of Chinese Traditional Tea Culture

In the development of human society, under the joint action of material and spiritual activities, culture came into being. The cultural content is also particularly rich, specifically including folk customs, values, and philosophical thoughts. In different cultural systems, their connotation values are different, and it is precisely because of this that it makes the artistic expression of culture more unique. According to historical records, China is the origin of Chinese tea trees, and southwestern China, including Yunnan, Guizhou, and Sichuan, is the center of origin of tea trees. As early as in the era of the Three Emperors and Five Emperors, Shennong spread the story of detoxification with tea. The birthplace of Chinese tea is in the mountainous area of central and western China. Lu Yu in the Tang Dynasty mentioned in the "Cha Jing": "Tea teas are from the Shennong family and are known by Lu Zhougong." Tea is particularly popular in all parts of China. Yu Lu Zhougong began in the Tang Dynasty and flourished in the Song Dynasty. The Chinese tea culture blended with the ideas of Chinese Buddhism, Confucianism, and Taoism and became a unique one. It is a wonderful flower in the traditional Chinese culture.

In the first Chinese medical monograph "Shen Nong Ben Cao Jing" tea records: "Shen Nong tastes baicao, encounters seventy-two poisons every day, and gets rid of tea." It can be seen that in the initial period, the application of tea started from medicinal. With the continuous excavation of the functions of tea, people's drinking and aesthetic values of tea have gradually changed. During this process, Chinese traditional tea culture has attracted more and more people's attention due to its
special charm. Among them, the collection of Zhiguai novels such as "Sou Shen Ji" and "Shen Qi Ji" during the Jin and Song Dynasties, Sun Chu's "Song", Zhang Zai's "Climbing into the White House", Zuo Si's "Portrait of a Girl", Wang Wei's "Miscellaneous Poems" is an early tea-related poem. As early as the spring and Autumn Period in ancient China, drinking tea has become an important part of people's living habits, and some people in some areas regard tea as a meal. After entering the Western Han Dynasty, the popularity of tea drinking increased gradually. By the Tang and Song Dynasties, people had higher requirements on the tea drinking environment and tea cooking methods. Some literati's paintings and calligraphy works related to tea reflected the tea culture at that time, through this way, better reflected people's ideological connotation and humanistic value, and at the same time, it also played a very important role in the development of traditional Chinese tea culture.

2.2. Chinese Tea Etiquette and Cultural Connotation

Chinese tea etiquette includes preparation etiquette, tea-making etiquette, tea-telling etiquette, tea-drinking etiquette, and tea-continuation etiquette. Different interests have different cultural connotations. Chinese tea etiquette is an effective practice of my country's etiquette culture. For example, when receiving guests, tea is used to entertain them, expressing their welcome to the guests, which is the embodiment of the traditional Chinese culture "hehe". The "drinking tea seat" is different from the old and young seats. The distinguished guests are the seats. The position of the main bubbler is closer to the door, which is convenient for taking care of everyone. When serving the cup, it is best for the elder to raise it first. This seating etiquette fully reflects the spiritual connotation of benevolence, filial piety and respect for teachers in traditional Chinese culture. In China's excellent traditional culture, it is particularly important to talk about benevolence and harmony. In Chinese tea etiquette, benevolence and harmony are the core part. Since ancient times, the use of tea to express welcome to guests has fully reflected people's pursuit of benevolence and advocating harmony. This kind of tea etiquette also shows people's expectations for harmony. During the Tang Dynasty, from the dignitaries to the nobles to the civilians, there was the custom of gifting tea and respecting tea. Through this social way, people communicated and exchanged ideas, and further promoted good the social atmosphere helps to deepen the friendship between people. When the host respects the tea to the guests, it indicates that the host is particularly welcoming and respectful to the guests. This simple and simple way makes the relationship between people closer. Du Lei mentioned in "Han Ye" that "Han Ye Clay tea serves as wine, and the bamboo furnace soup is reddish. Normally, the plum blossoms are different before the window." Drinking tea not only reflects the host's hospitality etiquette, it has also constructed a unique concept of drinking tea. It can be said that tea etiquette has a strong social function, and this function is also the idea of advocating harmony in my country's excellent traditional culture.

3. Historical Value and Contemporary Value of Chinese Traditional Etiquette Culture

3.1. The Historical Value of Chinese Traditional Etiquette Culture

Chinese traditional etiquette culture is an important part of Chinese historical civilization, and it has a very important position in China's historical development. Specifically, Chinese traditional etiquette culture has three values, namely moral value, political value and social value (as shown in Figure 1). Chinese etiquette culture is the core part of traditional Chinese culture. As early as in ancient times, people attached great importance to personal physical and mental cultivation. The moral value of etiquette culture is the role of etiquette culture in regulating the ideology and behavior of individuals in society. Value provides a blueprint for development and guides the direction. In the traditional Chinese etiquette culture, "benevolence", "righteousness", "rites", "wisdom", "faith" and other contents are important contents reflecting personal etiquette literacy. Among them, "rites" is the core part of personal moral values. The political value of etiquette culture is reflected in the process of national governance, and the etiquette culture contains the role of governing the country. In ancient China, people needed to act within the established etiquette
culture, as the so-called "no rules can't make a circle". Sima Guang mentioned: "Ritual is great for things. Use it for your body, you can move with all manners Yan;...; when applied to the country, the order of the monarch and the minister becomes political." Through the establishment of a ceremonial culture, the civil and military officials and ordinary people act in accordance with the established rules, and the traditional ceremonial culture has become a political activity. Important carrier. For example, the official’s dress, language, behavior, social relations, and official duties must be in accordance with the established etiquette. In ancient times, different ceremonial cultures targeted different ruling objects. For example, in Zhou Li it is mentioned: "Promote all peoples with ceremonies, prostitute men and women with coma,..., prostitute with surnames with congratulations." With the continuous progress of social development, the social value of traditional Chinese etiquette culture is also constantly changing. It is undeniable that it is precisely because of the traditional etiquette culture that people pursue the "Great Harmony", that is, the harmony of human society, in order to obtain the necessary cultural support. At the same time, the traditional Chinese etiquette culture emphasizes the natural coexistence between people in society, "the unity of heaven and man", and benevolence and filial piety. People gradually form a etiquette culture of mutual respect and love, which is also the source of social affinity. In addition, whether from a national, social or personal perspective, Chinese traditional etiquette culture has had a particularly far-reaching impact. Chinese traditional etiquette culture has penetrated into all areas of people's lives.

![Figure 1](image)

**Figure 1.** The historical value of Chinese traditional etiquette culture

### 3.2. Contemporary Value of Chinese Traditional Etiquette Culture

With the development of human society, the epochal value of Chinese ceremonial culture has gradually changed. As an important symbol and component of Chinese civilization, Chinese traditional ceremonial culture also plays an important role in contemporary Chinese society (Figure 2). First, Chinese traditional etiquette culture has a relatively obvious effect on the economic environment and economic benefits. The use of etiquette culture is helpful to the development of economic management. Under the influence of etiquette culture, people work together in solidarity and interpersonal relationship and economic benefits form a benign interaction. Second, Chinese traditional etiquette culture helps to build national cultural confidence. Combined with China's development process, it is not difficult to find that Chinese traditional etiquette culture shows the unique personality of the excellent traditional culture of the Chinese nation. It not only emphasizes the harmonious coexistence between people, but also emphasizes the unity of heaven and man. The different development stages of life, the relationship between people and the external environment, and between individuals and groups are also included. In the context of global economic integration, collisions between Chinese and Western cultures are also becoming more frequent. The traditional Chinese etiquette culture emphasizes "rule of man", "moderation", "commonality", etc., which has a
very important role in coordinating cultural conflicts between China and the West. The soft power formed by the traditional Chinese ceremonial culture has gradually formed an increasingly obvious influence in the world. The traditional Chinese ceremonial culture's brilliant thoughts and rational attitudes towards nature, society and human beings make the ceremonial culture have a unique aesthetic value and artistic charm. Third, Chinese traditional etiquette culture helps to promote the construction of a harmonious society. Etiquette culture with its unique cohesion and influence makes people pay attention to etiquette morality, and people and people, people and nature, people and society achieve harmonious coexistence, which has a good role in promoting a harmonious society.

**Figure 2.** Contemporary value of Chinese traditional etiquette culture

4. **Analysis of the Fusion and Symbiotic Development of Tea Culture and Etiquette Culture**

Chinese tea culture has integrated the traditional culture of "harmony" and "medium" and formed a unique cultural value and spiritual connotation. After thousands of years of development, tea culture has become one of the business cards of the excellent traditional culture of the Chinese nation and has a great influence in the international arena. After analyzing the connotation of tea culture and etiquette culture, it can be found that there is a certain coincidence between the two. This provides an opportunity for the integration and symbiotic development of tea culture and etiquette culture. That is to say, some ideological connotations of traditional Chinese tea culture, for example, benevolence, filial piety, "heaven and man", "hehe", etc., are also well reflected in Chinese traditional etiquette culture. Whether it is tea culture or etiquette culture, in different periods of social development, its functions are also in the process of continuous improvement. The two have a relatively important role in promoting social development and have made important contributions to improving the Chinese cultural system. Obviously, on the basis of understanding the meeting point between traditional Chinese tea culture and etiquette culture, constructing a mechanism for the coordinated development of the two has a positive effect on building cultural self-confidence. During the construction of modern society, the collision of various cultures has effectively accelerated the development of cultural exchange mechanisms. The integration and symbiosis of tea culture and etiquette culture requires a comprehensive and objective understanding and analysis of tea culture and traditional Chinese etiquette culture, in-depth exploration of the aesthetic value and spiritual connotation of the two, and then the commonality of the two cultures To sort out, and this commonality is the strong support point where tea culture and etiquette culture can be merged. In order to better adapt to the development environment of social culture, the integration and symbiosis of tea culture and etiquette culture also need to pay attention to the innovation after the organic integration of the two, that is, to tap the essence of tea culture and etiquette culture and penetrate it flexibly into each other’s In the cultural system, tea culture and etiquette culture are given more innovative aesthetic value and spiritual connotation.
5. Conclusion

Since ancient times, China has been known as a state of etiquette and has formed a unique cultural system. As an important part of Chinese traditional culture, tea culture has thousands of years of development history. After years of development, tea culture forms have become more abundant and gradually popularized around the world. People around the world have been attracted by the traditional Chinese tea culture with unique connotation value and artistic charm. The organic integration of tea culture and etiquette culture is in line with the characteristics of the development of the times, and also has positive benefits for the improvement of the Chinese cultural system.

References


