

Application of Continuous Nursing in General Surgery Patient Care

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Abstract. As a new type of nursing, continuous nursing is also the future development trend of hospital nursing. Efficient nursing work can have a positive impact on society, hospitals, and even community work. It can make the nursing work more complete, continuously avoid the defects of traditional nursing methods, provide patients with high-quality nursing services, and thus achieve continuous care for patients. Through continuous nursing practice, patients have a better understanding of the disease, treatment process and rehabilitation. Through continuous care for general surgery patients, to improve self-treatment awareness, actively cooperate with the treatment, improve the patient's trust, and improve nursing satisfaction. The ultimate goal is to achieve high quality care.

Introduction

With the increasing pressure of life, the number of patients undergoing general surgery continues to increase, and the type of surgery has become more and more complex. Therefore, compared with the nursing work in other departments, the demand for medical personnel is relatively high and the task is relatively heavy. On the basis of summarizing relevant work experience, aiming at clinical nursing-related issues, we will change the original traditional nursing model and adopt effective continuous nursing measures to improve the nursing effect and satisfaction of inpatients.

General surgery is one of the hospital's most important clinical departments. The patient's symptoms are complex and most are treated by surgery. According to related data, patients in the course of treatment are prone to various degrees of negative emotions and psychological problems. Therefore, active and effective nursing measures are essential to improve the physical condition of patients.

1 Concept and Significance of Nursing

Nursing is an applied science, generally divided into home care and paid care. Among them, paid care is required to carry out the corresponding care for patients in accordance with the relevant laws and regulations of the relevant state departments, and to complete the basic nursing work of the patients in a targeted and planned manner. Through continuous observation of the patient's daily basic conditions, the data is recorded and fed back to the doctor according to the changes in the patient's vital signs at any time, and the doctor completes the patient's treatment. From the patient's physiological and psychological conditions, social culture, mental outlook, etc., the medical staff takes care of the patient's daily life, daily life, medication and safety. In the care of patients, because the treatment and outcome of patients' physical and mental diseases are very close to psychosocial factors, the changes in patients' emotions and psychological states may have direct or indirect effects on the treatment and rehabilitation of patients. Therefore, it is very important for the care of patients. Nursing can help patients relieve their negative emotions such as tension, anxiety, pessimism, depression, etc., and enhance their self-confidence in facing the disease. Nursing staff can give patients timely and accurate knowledge about health, which helps patients to adapt to the hospital environment as soon as possible. To help patients in the hospitalization process, this can establish new interpersonal relationships, especially the doctor-patient relationship with doctors and nurses. When a person is ill, his own social role will also change. Due to the sudden change of the patient's role, lifestyle, environment and other sudden changes, the patient is difficult to adapt

psychologically in a short period of time, and it is inevitable that there will be some psychological problems. This requires psychological care to help the patient establish a healthy and optimistic mental state that is beneficial to the patient's treatment. Nursing is not only conducive to the rehabilitation of the patient, but at the same time, when the nursing work runs through the patient's entire nursing process, the efficiency of the nursing work is improved to a certain extent, and it is conducive to improving the treatment effect and shortening the patient's recovery time.

2 Introduction to Continuous Nursing

Continuous care in a broad sense refers to the connection between different nursing institutions, and it continuously provides high-quality care services for patients. This closely connects the patient with the medical institution, thereby helping the patient to continue to receive care services in different environments. This can make the patient's nursing work more continuous and more coordinated, and avoid the patient's condition getting worse. Its effect on the clinical treatment of diseases has a significant improvement effect, because it can continuously strengthen the self-management ability of patients and provide patients with seamlessly connected nursing services. The continuous application of continuous care in medical care can not only help patients return to health as soon as possible, but also a major breakthrough in the development of nursing in China.

3 The Specific Method of Continuous Care

The application of continuous care in the hospital can effectively establish a new form of care, which is an intimate care model between nurses and patients. Nursing personnel can use modern information technology means such as e-mail and telephone to keep in touch with our patients and their families, communicate with patients at any time, realize interactive communication channels, and understand the development of patients' conditions. Rehabilitation indicators make hospital care more meaningful. In the actual work of continuous care, we need to regularly train and promote nursing staff's nursing knowledge. The education work continues to explain to people the general knowledge of the daily care of general surgical patients, the details to pay attention to, the meticulous care of patients, and the guidance from medical treatment to psychological guidance. In order to improve the patient's cognitive level and quality of life, a comprehensive explanation of the patient's unrecognized medical knowledge can increase the proportion of patients recovering.

The nursing staff will introduce the responsible physicians, hospital environment and related rules and regulations to the general surgery patients in the hospital so that the patients can complete the surgery in time. This section uses general care rather than personalized teaching. Medical education and nursing. According to the type of patient and the degree of the disease, the general surgery patients were divided into two groups, and targeted medical education was conducted for different groups of people without consulting or returning. Patient records management. In order to highlight the effect of the observation group, the records of the control group patients were only related to the patient's physical condition and treatment, not to the patient survey and follow-up survey data.

4 Suggestions for Conducting Continuous Nursing Work In The Future

Continuing care is longer than general care and more concerned with patients. It needs more professional care and more humane service. Therefore, in the process of development and in the near future for continuous care, we must develop personalized services in the process according to the patient's condition, from the perspective of simple basic care work to patient psychology, rehabilitation knowledge, social support, etc. Do not only General surgery patients should recover and should also be excluded. This is a bad habit. On the basis of establishing a good relationship, the trust and awareness of patients will be enhanced and positive contributions will be made to the development of hospital medical services.

4.1 Basic Preparations for Continuous Care after Discharge from the Patient

The main responsibility of professional nursing staff is to involve all patients and their families in health education. There is no need to do daily care work. This will fundamentally enable nursing staff to pay attention to health education work, attach great importance to the practice of health education and guidance, so that patients can be discharged. After that, we can continue to maintain health, regulate living habits, ensure that patients can take medications as required, reduce the chance of patient morbidity, help patients recover and live, and save resources in all aspects of the hospital.

4.2 Improve Patient Satisfaction with Nursing Staff

The patient's satisfaction with the nursing staff is an important indicator of the in place of nursing services, and continues to provide care from hospital services to family services, so that patients can follow the family habits after discharge. Therefore, continuous care for inpatients can be conducted for education. After the patient was discharged, the nursing work was flawed, which improved the actual effect of continuous nursing, improved the knowledge of the patient's education, and improved the patient's satisfaction with the nursing staff.

Conclusion

With the continuous development of medical and health undertakings and the continuous improvement of clinical technologies, the foundation of clinical nursing work has become increasingly perfect, and the role and influence on the development of hospital services have become more prominent. As an important department of hospital medical services, general surgery not only has many patients but also has complicated conditions. As a new mode of care, the clinical nursing path should be patient-centered, combined with the patient's disease and treatment needs to carry out appropriate nursing interventions to ensure the patient's treatment effect. Reducing pain in patients with symptomatic treatment has a positive effect on improving patient satisfaction with clinical treatment and care, and clinical application value is also very significant.

General surgery is currently the largest operation, mainly through biliary diseases, gastrointestinal diseases, thyroid diseases, liver diseases, pancreatic diseases, vascular diseases, anorectal diseases, breast diseases and other operations. In addition to effective surgery, general surgery patients should cooperate with nursing services to ensure clinical treatment and improve clinical job satisfaction. As a new care model, comprehensive care services can ensure the physical and mental health of general surgical patients. At the same time, the implementation of a comprehensive care service model can improve the nursing staff's service level and skills. In the development of nursing services, nurses adhere to the concept of people-centered nursing services and put the interests of patients and their families in the first place. Reduce the anxiety and nervousness of patients, reduce the psychological burden of their families, and effectively avoid the occurrence of medical disputes. In addition, comprehensive nursing services can be provided through psychological care, health education, operation guidance, and life guidance. Drug guidance and other nursing services strengthen communication with patients and their families, so that they can correctly understand common surgical diseases and surgical treatment, fully respect the psychological needs of patients and their families, and effectively relieve patients' negative emotions.

To fundamentally improve the continuous nursing method, it is necessary to continuously strengthen the professional skills of nursing staff and the continuous learning of nursing-related knowledge, and carry out training work on related nursing methods. And it is necessary for nursing staff to make continuous progress in learning and practice, and establish a continuous nursing team. In addition, a network-based referral service that facilitates patients can be established within the hospital, and the relevant news of the patient and the hospital can be quickly delivered to the patient through informational means. This will effectively transfer effective information to patients in a timely and effective manner, making the hospital's information more continuous. In recent years,

hospitals in most areas of my country have gradually realized the importance of continuous care, and actively carried out continuous nursing in general surgery. The implementation of this measure provides an effective guarantee for the effective development of continuous nursing work. Moreover, under the influence of this continuous care, patients' quality of life and self-care ability have been significantly improved. At the same time, the hospital has introduced large-scale nursing staff with high professional skills on a large scale, thereby inspiring other nursing staff to actively participate in continuous nursing work. This has improved the quality and efficiency of continuous nursing work to a certain extent. The continuous care work model in some developed countries has matured, while the continuous care work in China is still in its infancy. Therefore, we should actively refer to the relevant successful experiences of other developed countries, and constantly reform and improve the various problems that occur in our continuous care work, so as to formulate a continuous care work policy that is suitable for China's national conditions, social conditions, and patient conditions. In addition, the scientific, effective and correct application of continuous nursing work in China will provide the best quality nursing services for the majority of patients.

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